



# health & body care

SAVINGS

Valid 4/4/19 - 5/1/19



## Earth Day

### Protect Our Species

Learn more about the rapid reduction of plant and wildlife and how you can help.

[earthday.org](http://earthday.org)



April 22  
2019

## Stress

Awareness Month

### HEALTHY TIPS

**Essential Oils** like lavender can ease the mind & body.

**Eat a diet** filled with fresh whole foods.

**Smile, unplug, stop and breathe** often to soften the day.



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Amazing Protein Glow

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Dr. Axe Collagen Powders

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Formulas and Collagen Products

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**Hemp Fusion**  
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**Natural Factors**  
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APR 23-25 ONLY

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